



Trivandrum. Sasthamangalam. Technopark

Week 6 30th July 2024

## Principal's message



The introduction of the Round Square Heroes to our PYP students is part of the deepening of the engagement with Round Square and its values. The Round Square IDEALS coincide with the school's Vision and Mission - which is no coincidence, in that our membership is an expression of the commitment Internationalism, to Environmentalism, Adventure, Leadership and Alongside the online activities, such as the Round Square postcards in which TRINS students take part, there are other opportunities for students to be challenged to develop these qualities. We have students travelling to Varanasi in August to take part in a Round Square project, for instance.

In August, we are also looking forward to Spectra. This is a student-led event on 17th August, with TRINS playing host to an inter-school cultural competition. This is bringing back to TRINS an event which was last held in 2018, which makes particularly noteworthy the work which students have already put in to make this something special. They are determined to make this an event that can be built upon in the future and it will be a tremendous achievement when they have all the competitions on the stage on 17th August. I would like to thank all parents who have contributed already to the staging of Spectra. This is such an important learning experience and I am very grateful that so many parents have responded to requests for help.

Mr. Richard Hillebrand





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### Events Over

#### CRE8 AT L'ECOLE CHEMPAKA

TRINS students took part in Cre8 on 20th July at L'ecole Chempaka, Silver Rocks. Niranjan Harish won the second Prize in Viewpoint, the photography contest. The TRINS team, Fathima Sheika S, Sasha Zachary Jayaraj, Madhav S and Liam Yalo Thomas, won the third prize for Gallery Walk, displaying their artwork. Thank you to Ms Jisha, Ms Ruth, Mr Deepak and Ms Jeena accompanied the students.













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### Events Over

### THEORY OF KNOWLEDGE EXHIBITION

The Theory of Knowledge exhibition by the 12DP class of 2025 took place on Wednesday, 24th July. The exhibition focused on the theme of knowledge and the knower, using various prompts and real-world connections. A big thank you to everyone who visited and supported the students.



#### **ENRICHING BODY CARE SESSION**

Grade 2 students had an educational and interactive session with Dr. Sabitha Safar, mother of Rianna Fathima from Grade 2A. The session focused on "Taking care of our Internal and External Body Parts." Students learned about the importance of nutrition, hydration, and rest. Their enthusiastic participation during the Q&A rounds impressed the guest speakers with the depth and thoughtfulness of their responses.











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## Events Over

#### **SENSITISATION SESSION**

A sensitisation session was conducted in Grade 5A by the SEN Department. Its focus was understanding visible and hidden challenges and showing empathy, consideration, and care for those in need. The session also focused on how respect looks, sounds and feels. Thank you to Ms Varsha, Ms Ann Jacob and Ms Vineetha for their guidance and support.











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## Events Over

### INTRODUCTION OF PYP CLUBS FOR THIS ACADEMIC YEAR

PYP Clubs began on Wednesday, 24th July. Students got a chance to experience new hobbies, especially with the introduction of Sporting Clubs. Kudos to Ms Akhila, Ms Anjana and Mr Arun for ensuring all the clubs for the new academic year begin smoothly







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### Events Over

#### MS. SOWBHAGYA VARMA VISIT'S SEN DEPARTMENT



Sowbhagya Varma

Ms. Sowbhagya Varma, Academic Associate of Azim Premji University's Diploma Programs (Bangalore), visited the SEN department at TRINS. During her visit, she interacted with Ms. Sini, the head of the SEN department, and she observed the group therapy sessions conducted in the department.



### MAIN CAMPUS

#### **GOAL SETTING- EY AND PYP**

EY had an exceptionally productive week as we focused on setting goals with the parents for the upcoming academic year within our Early Years at Main School Campus. The parents' active participation and insightful contributions during the discussions have been invaluable.

During our sessions, we placed a strong emphasis on establishing clear and attainable objectives that align with both academic and personal growth. We utilized the PYP framework to guide our goal-setting process, ensuring that our goals are not only comprehensive but also tailored to foster the development of Approaches to Learning (ATL) skills and the PYP Learner Profile attributes.

We have identified specific academic targets that will help each child build a solid foundation in key subject areas. These targets are designed to enhance their cognitive abilities, encourage curiosity, and support their progression in literacy, numeracy, and other core subjects. In addition to academic achievements, we have set personal development goals that aim to nurture each child's emotional and social growth.





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### Technopark Campus

#### WOW WEDNESDAY- SELF CARE DAY

On 24th July, the PK2 children at TRINS ELC celebrated Wow Wednesday with a "Self-Care Day" theme. Both children and facilitators came to school in pyjamas, creating a cosy atmosphere. They acted out their morning routines, including pretending to wake up, brushing teeth, using the washroom, bathing, doing warm-up yoga, changing clothes, cutting nails, and grooming.

The day was filled with engaging activities like singing songs about hygiene and self-care. Facilitators discussed the importance of eating healthy, drinking plenty of water, and getting enough sleep. They also introduced simple meditation techniques to help the children relax and focus. The children enjoyed makeover sessions where they understood about grooming tools and techniques, practising self-care routines hands-on. The day concluded with a group reflection where the children shared their experiences and plans to incorporate self-care into their daily lives. It was a fun, enlightening day, emphasising the importance of body and mind care. Kudos to Ms Milan, Ms Sheena, Ms Ananya and Ms Saniya for organising a fun filled and productive day.











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## Technopark Campus

#### ROLLICKING RED FRIDAY

The tiny tots of PK1 at TRINS ELC Technopark celebrated Rollicking Red Friday with great enthusiasm. Both toddlers and their facilitator came dressed in vibrant red, complementing the captivating decorations of red fruits and vegetables in their learning zone. They engaged in creative activities, including making handprint strawberries and watermelons. The vibrant red surroundings filled everyone with joy and excitement, making it a memorable day focused on the colour red. Thank you, Ms Poppy, for executing a vibrant Friday for our toddlers.







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## Sasthamangalam Campus

### EARLY LEARNING CENTER (PK1 AND PK2)-WOW WEDNESDAY

This Wednesday marked our second "Wow Wednesday" at the ELC. The theme for Wow Wednesday on July 24th was "Self-care," an important topic dedicated to teaching our children the value of taking care of themselves through various fun activities.

To start the day, we planned exciting activities like breathing exercises and yoga. The children also engaged in tidying up and washing up, dressing and undressing, packing their bags, and learning healthy eating habits to take care of their health. We believe this special day greatly benefited our children by promoting healthy well-being practices in a fun and interactive way. A huge Kudos to Facilitators of ELC City campus, Ms Harmya, Ms Shisy and Ms Parvathy to plan and execute this day very productively.

















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## Sasthamangalam Campus

#### EARLY YEARS (KG1 AND KG2) GOAL SETTING

The Early Years (KG1 and KG2) are busy with their goal-setting meetings. It is encouraging to see all the parents diligently making time to meet with their teachers to set goals for their children. Teachers are setting SMART goals for their students, focusing on their strengths and identifying areas for improvement. Parents are agreeing with the goals set by the teachers while also contributing valuable input to the process. We are looking forward to the upcoming Parent Teacher Meetings, where we will revisit these goals and pave the way to challenge our children to the next level. Thank you so much Ms Nisha, Ms Swapna and Ms Rajita Abraham for being instrumental in this process of teaching and learning.







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### Student Achievements

### CISCE STATE SWIMMIMG MEET

In the CISCE state swimming meet held at St Thomas Residential School on Friday 26th July, TRINS boys' team and girls' team both secured second place in the Under 14 category. Congratulations to all our swimmers and to Ms Aneesha and Mr Prasant who accompanied them.

The following students have qualified to represent Kerala in the national swimming meet:

- Faihan S (Grade 7): 200m Breaststroke, 50m Breaststroke
- Fatima Rania Saraza (Grade 7): 100m Backstroke, 50m Butterfly
- Niya Mahesh (Grade 7): 200m Breaststroke
- Sara Regi Thomas (Grade 8): 100m Butterfly



Fathima Rania Saraza- Grade 7





Sarah Thomas Regi- Grade 8



Niya Mahesh- Grade 7



Faihan S - Grade 7

Congratulations





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### Student Achievements

### BASKETBALL TEAM TO PLAY STATE LEVEL

The following students have been selected for the Zone A CISCE Under-14 girls' basketball team to play in the state level tournament on 2nd, 3rd and 4th August.



Esha J Paul- Grade 8



Chilanka Kartha- Grade 8



Sarah Thomas Regi- Grade 8



Sarah Mariam Stephen- Grade 7

## Staff Achievements

#### PROFESSIONAL DEVELOPMENT

As a part of professional development, Ms. Girija attended a two-day online session on 'Assessment and Management of Mental Health problems in General Practice' on 19th and 20th July.



Ms. Girija





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#### INTRODUCTION TO ROUND SQUARE HEROES

The PYP students were introduced to the Round Square Heroes through a skit presented by the PYP teachers. Special thanks to Ms. Newshee who took the time to write the script for the skit. Appreciation to Ms. Varsha and Ms. Parvathy for creating the attribution tags, which helped students connect with the heroes. The skit served as an engaging and creative way to introduce the students to the Round Square Heroes, showcasing the attributes these figures embody.























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#### **ROUND SQUARE POSTCARD**

6 students from Grade 8 participated in the RS Zoom postcard hosted by St Andrew's College, South Africa on the theme. "The Sustainability of Environmentalism". Thanks to Ms Ambili G for guiding the students.







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# Upcoming Events

- 05th August 2024- EY Friendship Day
- 07th August 2024- EY Literature Fest-1
- 14th August 2024- Independence Day Assembly
- 17th August 2024 Spectra (Inter-School Cultural Fest)
- 22th August 2024- 11 DP Orientation
- 23rd August 2024 EY Grandparents Day (Main School)
- 29th August 2024- 11AS Orientation
  EY Grandparents Day (Technopark)
- 30th August 2024 EY Grandparents Day (City Campus)









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