



Trivandrum International School  
Moulding a new generation of leaders

Second Term

TR - INSIDE

2020 - 2021

IB PRIMARY  
AND EARLY YEARS  
PROGRAMME  
NEWSLETTER



# TR - INSIDE

"Passion led us here." — UNKNOWN



WHAT'S  
INSIDE?

WHAT'S THE  
DRAMA?

THE WISE OWL

POETRY

ART

STORIES

THE TICKLE TRAIN

LE GOUT



## WHAT'S THE DRAMA

Our heartfelt and warmest wishes to our facilitators, students, parents and extended TRINS family. 2020 threw at us challenges that we had never envisaged ...yet, it also taught us that change is a constant and brought to the forefront many of our capabilities hitherto lying dormant.... our ability to unlearn, relearn and adapt. Our perseverance and resilience to embrace the new normal on the virtual platform keeping our students' strengths and challenges in view has kept us moving forward over the last few months.

In spite of school closure, TRINS PYP conducted all pre - planned events and activities on a virtual platform. The PYP Assembly supported students to showcase their multifarious talents . Dance, music, art and even magic was performed with considerable ease and elan!

All things spooky and scary was celebrated during Halloween on October 30th. The online platform did not restrict students and teachers from participating wholeheartedly in the event. They came dressed as witches , wizards, ghosts, vampires and other horrific creatures to mark the occasion.

Students of Grade 5 enjoyed live interactions on November 6th and 13th with Ms Fatima, teacher at Emirates Schools, UAE and Ms Priyangshu Hossain, teacher at Pledge Harbour International School, Bangladesh, both of whom narrated stories related to their respective cultures as a part of the theme "How We Express Ourselves ".

As part of the theme 'How we Organise Ourselves', students of Grade four interacted with Mr Hari Nayer (grandfather of Niveditha, student, Grade 5) and Mr Jose Kurian who shared their experiences while migrating to other countries. It helped students gain a better perspective of the push and pull factors of migration. To showcase their understanding of the central idea, students organized a novel event "Innovation for the Future - Product Design & Marketing" which gave them a platform to collaborate in groups and exhibit their marketing tools and designs for the future.





# TR - INside

"Passion led us here." UNKNOWN



While inquiring about ancient civilisations, Grade 5 students interacted with the archaeologist, Dr Bina Thomas Tharakan. This was followed by yet another interaction with Mr Ronan Keheller, teacher at Emirates Schools in UAE. He shared his perspectives on the 'The Rise and Fall of the Roman Empire.

On 5th October, TRINS witnessed its first virtual Lit event, Rhapsody-2020. Children had storytelling, poetry recitation and monologue competitions in the morning. Special guests Ms Aswathy, Ms Prabha Nair and Ms Sharon Fernandez mesmerized the children with exciting tales during storytelling sessions conducted as part of the event.

Science & Technology Fair- Innovate 2020-'21 conducted on November 10th, was a virtual treat. Mr R Manoj, an ISRO scientist, presided over the event. Student projects were uploaded on grade-wise Padlets which was shared with the PYP community. It was an excellent opportunity for the students to showcase their scientific skills and kindle a scientific temperament.

Christmas was yet another opportunity to innovate, celebrate and enjoy the wealth of talent innate in students and teachers alike. The online event which showcased both teachers and students from Early Years to Grade 5 was symbolic of the hope, camaraderie and good cheer of Christmas.

It is now time to kickstart the new year with anticipation, empowered with new skills and knowledge accrued over the last two terms.

We look forward to continuing exploring, inventing and reinventing as our students grow from strength to strength.



Perseverance  
is not a long race;  
it is many short races  
one after the other.

-Walter Elliot





# TR - Inside

"Passion led us here." UNKNOWN

## PYP ASSEMBLY





# TR - Inside

"Passion led us here." UNKNOWN

## PYP ASSEMBLY



FAIHAN'S ART WORK

# TR - INSIDE

"Passion led us here." UNKNOWN



## THE WISE OWL

Message from our Junior School Head



Looking back at 2020, we saw resources go down, workloads go up and multiple dilemmas to deal with. However, this pandemic has also opened a world of opportunities. Families spent quality time together and the last year was a wake-up call for the importance of a healthy lifestyle. We needed to innovate, do things differently and amid all the apprehensions, we survived together within the strongholds of the TRINS community of students, teachers and parents.

Our heartfelt gratitude to our supportive parents for your constant belief in us. The efforts made by the teachers have been tantamount to exemplary. The way forward became much clearer when each teacher believed school would go on as usual even under duress. Over the last year, we have had talent assemblies, celebrations, virtual field trips, guest speakers and a whole variety of activities we never believed could have been possible. We realized that the perks of the online learning environment were beyond expectations and we believe it is here to stay. Above all, the resilience of our students has been tremendous. In spite of being confined to their rooms, their positivity has resonated through the screen, making the task of teaching more enjoyable and enriching.

According to Dale Carnegie - Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all. These challenging times have reaffirmed our hopes and it is with mixed emotions that we stand at a crucial juncture, reflecting over the year that was and hopeful for the year ahead in the true spirit of togetherness.

Rensy Liz Oommen  
Junior School Head  
Trivandrum International School



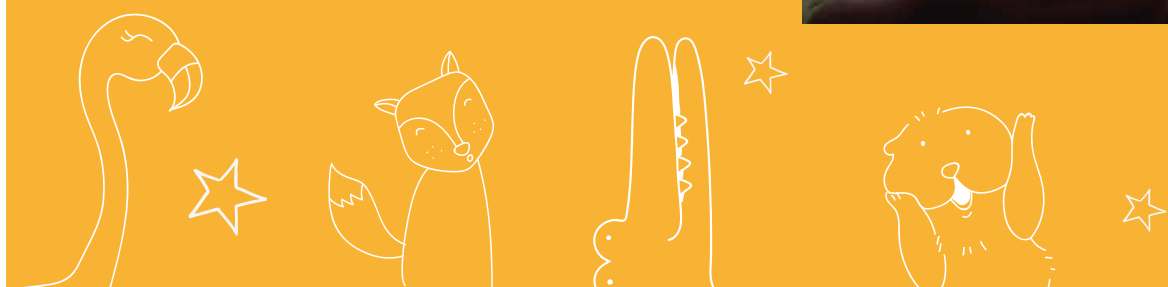
"Children must be taught  
how to think,  
not what to think."  
- Margeret Meed



# TR - Inside

"Passion led us here." UNKNOWN

## LIT FEST - RHAPSODY 2020



"Change is the end result of all true learning."  
- Leo Buscaglia



## POETRY

### UNTITLED

I wish I had a life  
A life abound with happiness

I dream of an abode zenith the meadows  
The meadows with unwithering blossoms and ever running streams  
Streams that orchestrate to the songs of nature.

I wish I could wander  
Like the wind and the brooks  
Swishing and swashing with no destined destination  
Exhibiting bliss through exuberance and passion.

I wish an outlander alights,  
And we rove over unknown realms of the universe  
The realms that reveal the purpose of life!  
The never ending expanse so mysterious  
Has ever made me curious!

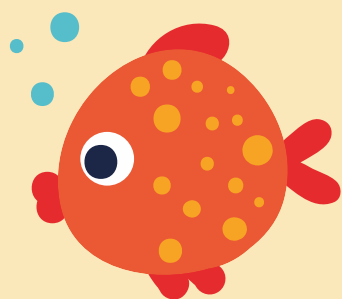
I wish I was alone in the universe  
Celebrating its beauty in solitude.  
Travelling through times and dimensions  
Like a vagabond, despond and desolate.  
Desires to partage the brilliance newly realized.

Rajitha Nair, HRT, Grade 1

### I HAVE A FISH

I have a little fish  
Swimming veery happily  
Orange coloured little fish  
Why the fish looks so tiny??  
In the glass tank my fish looks very big  
Blowing bubbles from its mouth  
Swimming without a sound  
Swim swim little fish!!

Hannah Hussain  
Grade 1



### DIANA THE GODDESS

A beautiful Goddess in Rome was born,  
She was as magical as a unicorn,  
She had dark brown hair,  
And she was very fair.

She was as ferocious as a bear,  
She never brought despair,  
She was as brave as an army of men,  
She never chickened out like a hen.

She was the god of hunting,  
And the god of protecting,  
She was always running,  
And very cunning.

Diana was her name,  
Protecting animals was her aim,  
We all scream yay,  
Have a very good day!

Aishwaryaa Kashvishwanath, Aastha Ajeesh  
Bhaagya Darsaan  
Grade 5



### MY DREAM WORLD

Come here, Oh friends of mine;  
Let us weave the dream world of mine!  
Rainbows of happiness and smiley faces;  
Unicorns of love and laughter;  
Cupcakes of cheers and scents of flowers.

Come here, Oh friends of mine ;  
Let us weave the dream world of mine!

No wars, but peace;  
No fights, but hugs;  
No guns, but books;  
No religion, but love;  
Not a sad child, without a helping hand.

Wake me up from this dream;  
To live in this dream world of mine...

Aishwaryaa.Kashi.Vishwanath  
Grade 5





# TR - Inside

"Passion led us here." UNKNOWN

## APOLLO - THE GOD OF SUN

Apollo is the God of the Sun,  
He was kind-hearted, warm, and fun  
He's also the god of music, poetry and healing,  
And is fiercely loyal, and very appealing.



Jupiter thrived for many wives until he found the perfect one,  
Until Latona gave birth to Diana and Apollo the God of the sun  
Apollos two sons Phaeton and Aesculapius died out of pity,  
He had loved and cared for his family even though he was born in no city.

He had curly hair, and was a tall and muscular god,  
Even though he could be cruel, his heart was broad,  
He was gifted at mostly everything he did.

Eros's insult had him fall in love,  
It was because of an arrow from a bow,  
Daphne changed into a laurel,  
Leaving Apollo with a symbol eternal.

Aafreen Saiyeed, Anugraha Dhanya Nair  
Dia Fathima Hashir  
Grade 5

## MY DREAMS

My dreams are big, some are small.  
Some of my dreams comes true,Some makes me sad.  
Some I remember, some I forget.  
I don't dam at night, I dream all day for my living.  
Dreams I have lasts for a day, others lasts a lifetime.  
Some of my dreams are possible, some are not possible.  
But I will dream on and on.  
Sometimes it's all we get...

AshyInn Dinoop  
Grade 3

## SCHOOLING IN 2019 AND 2020

School oh school!

In 2019 you were visited by us,  
In 2020 it is a little cool,

But not as cool as going to school on a bus.

A 6 to 7 hour journey in 2019

Turns into a journey of 3 to 4 hours in 2020,

Ring,ring,the school bell rings of the next class in 2019,

Break time, 20 minutes and time for the next class in 2020,

Everyday SL but not on Monday in 2019,

Monday and Wednesday are only SL days in 2020.

2020 you don't have to wake up early,

But you can't see your friends in person,

2019 you have to wake up early,

But you can see your friends in person.

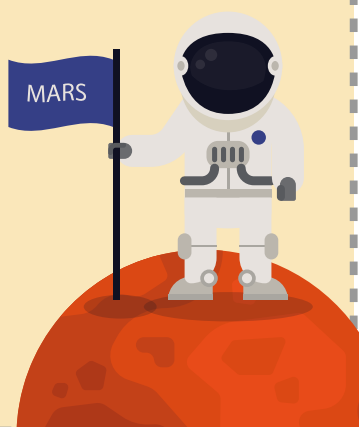
Aastha Ajeesh  
Grade 5



## MARS

In Roman times, Mars was strong as iron bars,  
He had many scars,  
Mars was the perfect representation of manliness,  
For he could win a war with loneliness.  
In Greek times, he could take his sword without a cling,  
He didn't need it,  
For he was the god of spring.  
Mars was a charm,  
Encouraged a farm,  
Unlike Ares, he won't fight to kill,  
But he will want to win.  
He is very fast,  
but lives in the past,  
For this is our poem of our herocic Mars,  
For he was a great and heroic star!

Niranjan, Ben  
Gavin  
Grade 5



# TR - Inside

"Passion led us here." UNKNOWN

## Story Telling with Ms. Priyangshu Hossain

The collage displays a Google Meet session titled "STORY TIME" by Priyangshu Hossain. The main presentation screen shows a colorful illustration of a boy and a girl running in a field under a smiling sun. The text "STORY TIME" and "PRIYANGSHU HOSSAIN" are prominently displayed. Below this, an "ACTIVITY" slide instructs participants to "Draw a picture of all the characters of the story..". The bottom section of the collage features a "THANK YOU" slide with the words in large, colorful letters. The bottom of the collage shows a grid of participants' video feeds, including children and adults, all engaged in the session. The top of the collage shows the Google Meet interface with the title "hossain priyangshu is presenting" and a list of participants.



# TR - Inside

"Passion led us here." UNKNOWN

## ART

"Creativity takes courage." - Henry Matisse



VAIGA,  
GRADE 1



Sreedev S  
Grade 4



Ansh Rahul  
Grade 5

Chef Bamana -  
Jane Anind Roy  
Grade KG2



Muhammad Ihsaan Afsal Musaliar  
Grade 3

Aishwarya  
Grade 4





# TR - Inside

"Passion led us here."



Myra Amritha Taneja  
Grade 1



Jeshnaa Hari  
Grade 2



Aiden Mathew John,  
Grade 1



Ezzah Khan  
Grade 1



Advika Samrat Dewan  
Grade 2

Aarush  
Grade 2



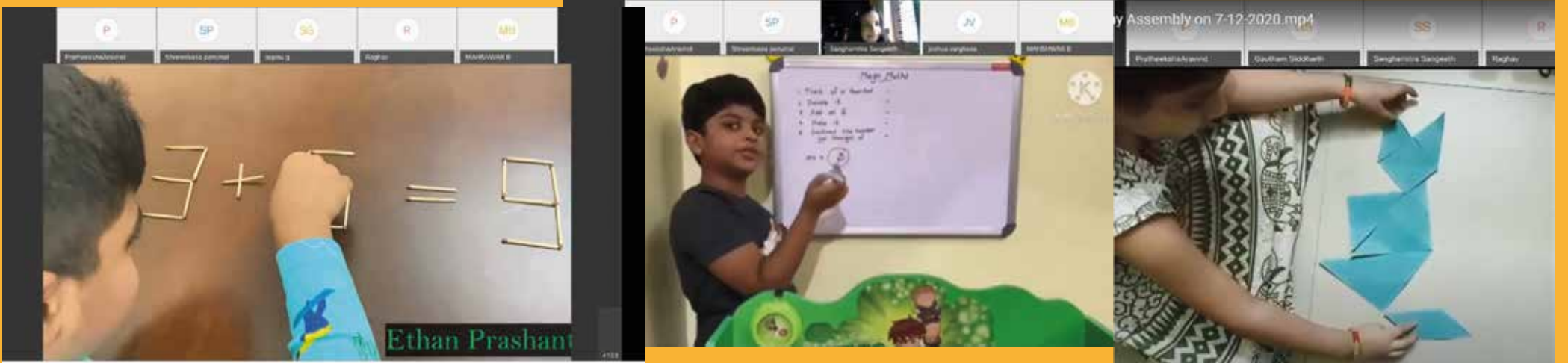
Dia Fatima Hashir Grade 4



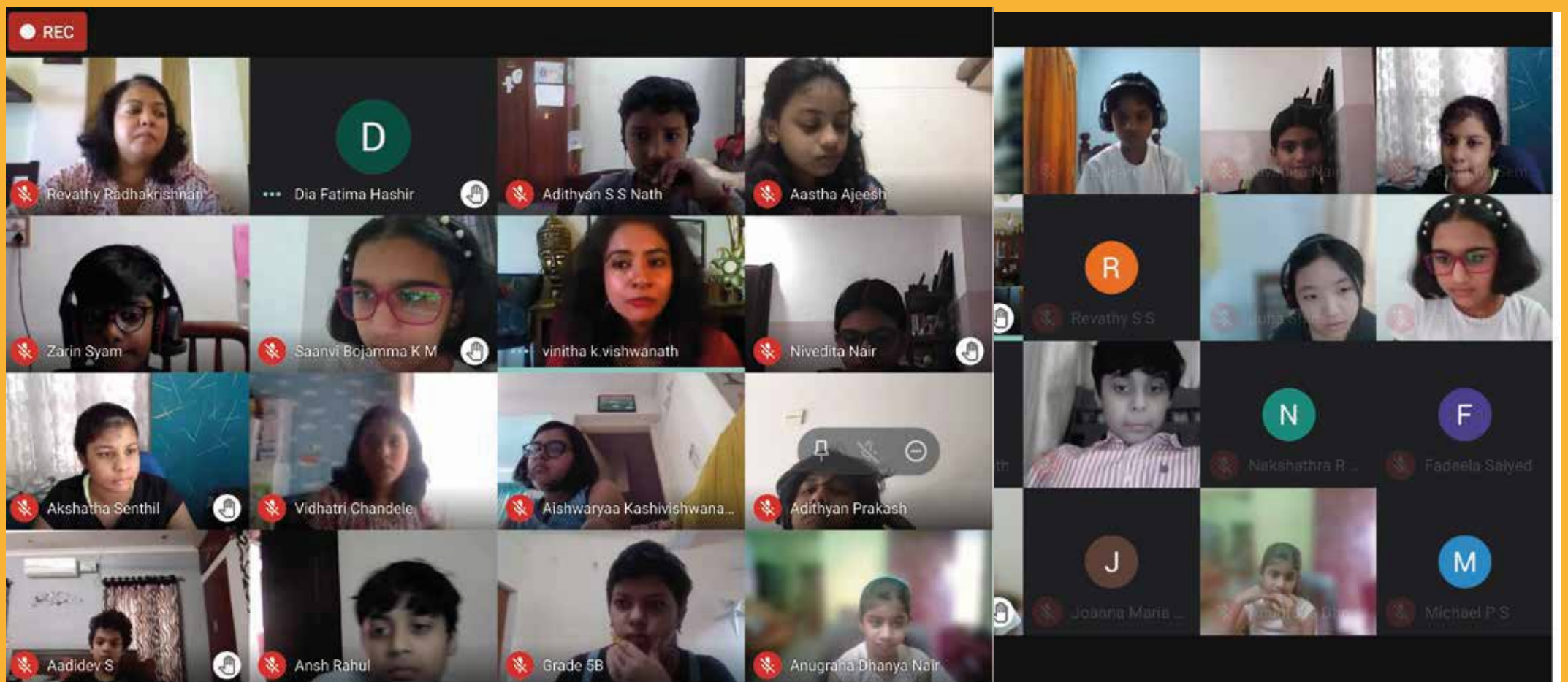
# TR - UNsire

"Passion led us here." UNKNOWN

## MATH DAY



## INNOVATE 2020 - 2021



# TR - Inside

"Passion led us here." UNKNOWN



## STORIES

### The Golden Treasure

Once upon a time, there was a girl. "The name is EB," says EB. EB was walking, when she saw a flashing light. It was Max. He was looking for the golden treasure. So, EB helped to look for it. Then they found it and they became rich.

Myra Amritha Tanej  
Grade 1

### The Princess and the Dragon

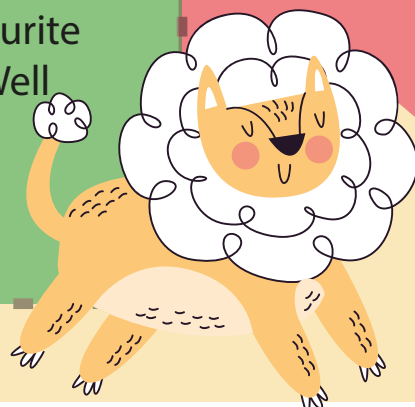
Once upon a time there was a little princess named Almonda. She was called Almonda because of her almond shaped eyes. She had long black hair as dark as midnight. She was very fair and beautiful. Everybody in the kingdom loved her as she was very kind and caring.

Almonda's parents were the King and the Queen of the kingdom. She loved to explore. One day she happened to see a magical wand in a secret chamber where mother kept her childhood things. She always wanted a wand like this! "I always wanted a magical wand like this." She took it and ran to her mother.

Her mother said, "Almonda, I'm glad that you found this. It's really magical, but you must use it carefully."

She got her mother's permission to ride around the kingdom on her favourite horse. Its coat was black and a small white dot on the forehead. Its tail and mane were also pure white. Its name was midnight star because of her white dot. Whenever she passed by the old and poor, she used her wand to make them better or to give them food and shelter. She used her magic wand to make the unhappy kids to be happy and healthy. People eagerly waited for her everyday.

One beautiful morning something terrible happened. So could not find her most favourite crown, ring and the golden gown- the presents from her father. Where did they go? Well we are going to find out...





# TR - Inside

"Passion led us here." UNKNOWN

She went to ask her parents. But she saw them standing instead of sitting on their beautiful golden thrones. "What happened? Everything has disappeared. Even the whole palace!" She said. "We don't know what happened, Almonda" her mother replied.

After a few minutes of thinking she sneaked out of the castle without her parents noticing and ran to the palace garden. The palace garden was filled with fresh flowers and fruits. Beautiful butterflies fluttered happily. She walked to the fountain and she whistled a little tune and the water began to ripple. Then suddenly a magical and the most beautiful fairy appeared to Almonda.



She was friends with Almonda and her name was Maria. Almonda told her about the things that happened from morning to now. The fairy listened to her carefully. The fairy was quiet for a few minutes and then she answered, "The problem is ... a DRAGON!" But that is all she said. She went back into the water.

Suddenly a dragon appeared. It had shiny pink scales and a diamond on its forehead. The diamond had the colours of the rainbow. But Almonda didn't get scared because they had met during her dragon training. Its name was Jewella. "Hello Jewella, why have you come here?" Almonda asked. "I came here to tell you about my brother, Jewel. He is very jealous and greedy. He wants to possess everything. So he took away all your valuable things from the palace."

When Almonda asked Jewella to carry her to the wicked dragon's house. It was a huge cave under a rocky mountain. When they reached, they could hear a few chuckles. Almonda went in half brave and half nervous. Then she saw a dragon with shiny green scales and a red Ruby on his forehead.

She took out her magic wand and did a spell, "Little flowers glow and shine, put back the things from the palace as they were. Fade away the greed and jealousy from Jewel and I'll be home now".

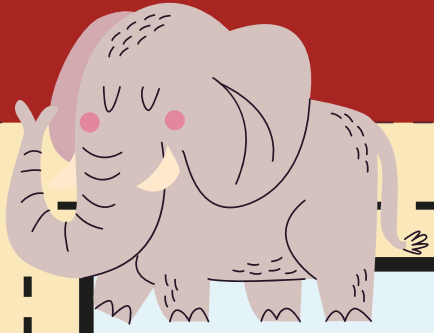
It worked to her amazement. Her parents were so happy and all were the same as before. Everyone was dancing and her father ordered for a celebration in the kingdom. Her mother praised Almonda for using the magic wand wisely.

Vedanshi Pundir  
Grade 2



# TR - Inside

"Passion led us here." UNKNOWN



## The Cake who loved Adventure

In a small house there was a very tiny cake. He wasn't any ordinary cake. He could do everything a human could do. His name was David. David came to Jasmine's house on her birthday. Jasmine and her mom decided to eat it for their evening snack. They didn't know the cake could do everything a human could do. As they put their knives and forks into the cake, to their surprise the cake ran away as swiftly as the wind. The cake ran into the jungle near the house where he met a beautiful girl cake who was an explorer. Her name is Tulip.

Tulip said she would help him become an explorer and they would start training the next day.

David and Tulip went into a dark cave which was decorated with tulips. It was a very pretty home. At 10 o'clock in the morning, they did exercises and yoga. They trained for months to use natural resources to make ropes and many other material.

While walking in the jungle one day, Tulip fell into a crack. She shouted at the top of her voice. David came running but could not go down into the crack. He suddenly remembered all the lessons Tulip had taught him to become an explorer.

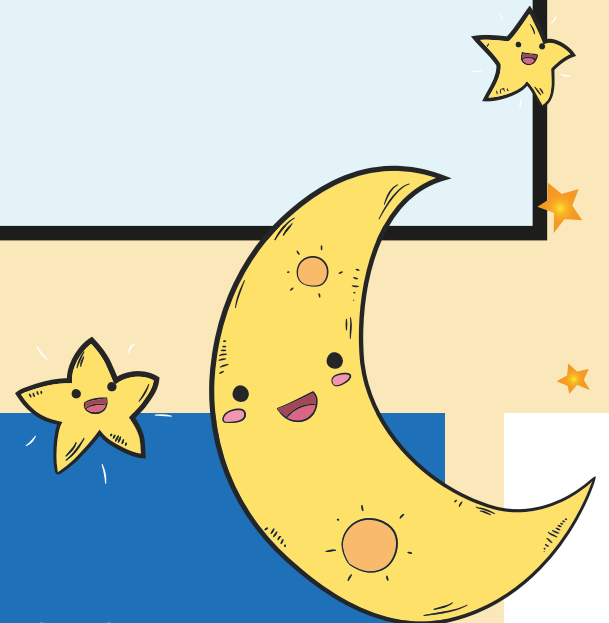
He collected a lot of grass and braided it into a thick rope. Then he tied it to a tree using a friendship knot. Using the rope, Tulip escaped.. She said that David now an expert explorer. They fell in love and married each other.

Anugraha D. Nair  
Grade 5

## The Moon Prince

Once upon a time, there lived a boy named Ronny. At nighttime, Ronny always looks at the sky and he wished to visit the moon. One day as Ronny slept he heard a voice. When he opened his eyes, he saw a boy. The boy said that he came from the moon and he is the moon prince. Ronny asked the moon prince to take him to the moon. The moon prince agreed. Then a silver ladder appeared and they both climbed up the moon. When they reached the moon, Ronny saw a silver castle and they went inside. Inside the castle, there were fairies playing an orchestra and a few fairies were doing magic. Then they had a feast. Ronny joined for the feast too! After the feast the prince told Ronny to close his eyes. After sometime, Ronny opened his eyes and LOL! He was back on his bed!

Rishik Reteesh  
Grade 4





# TR - Inside

"Passion led us here." — UNKNOWN



## The Girl and the Rainbow



Once upon a time, there lived a little girl in a cottage. Everyday that little girl woke up early in the morning. Do you know why? Because she wanted to look at the rainbow. One day she thought and thought and wondered how she could reach the rainbow. One magical morning, guess what she did? She found herself sitting on the rainbow. She slid down the rainbow. "Hey this is fun. I am on a rainbow." She said.

Jane Anind Roy  
Grade KG2



## The Spook House

I clutched the address tight in my hand as I navigated through the moonlit evening. My eyes scanned house numbers, until I reached the right one. The house at 1031 Cauldron Lane was nothing like I imagined. The house was spooky, big, old and it looked like it was made out of concrete. It looked like a haunted castle. I gulped, it felt like I could fill 2 bathtubs of saliva. I held my breath and went inside the house. As I stepped into the house I instantly regretted it. The doors shut by itself behind me, leaving me with no choice but to go further. As I explored deeper into the house, I started to hear the sound of bats, doors creaking, and fire. I even heard some weird laughter like witches. The scariest thing was that I could hear something burning and I smelled fire at the same time. It was as dark as a black hole, I could see nothing, not even my future. The smell of ashes ran up my nose. By that time, I knew that there was a fire somewhere in the house, but it was weird because it was cold. It was almost as cold as ice. I didn't want to go any further, I felt like this was the end of my life. I missed my parents, my sister, Posey, my best friend, Jesse. I had no hope... If I went further, I would either get damaged or even lose my life. So I just sat there, thinking I was already dead. I remembered the promise I made with my mother. I promised her that when I grow up, I would take her to Florida, my mother's dream place. But now that I'm in this situation, I would have to break the promise. I felt so sorry for my mother. I closed my eyes. I could taste the polluted air by the fire and the ashes. I could feel the fire getting close to me as the fire became bigger and bigger. Tears ran down my face. My last wish was to get a warm hug from my little sister, Posey. Her hugs were the best, it makes me relaxed and happy. The fire became even bigger. For some reason, I didn't want to run away, there was no point in running away. The windows were blocked, the door was locked and I couldn't even see anything. I tried to wind the fire, but I all I ended up doing was flaming the fire, causing it to become bigger. Something tapped my shoulder then grabbed my leg. "AHH!!!" I screamed. "What's wrong, honey?" I opened my eyes to see my mother waking me up. "Did you have a nightmare?" My mother asked. I nodded and sat up on my bed. Then I hugged my mother and my sister who was right beside my mother. "Now get ready to go to the house at 1031 Cauldron Lane!" said my mother. "NOOO!!!"

Juha Shin  
Grade 5



# TR - INsire

"Passion led us here." UNKNOWN

## Session with Mr SUJITH, Art Specialist





# TR - Inside

"Passion led us here." — UNKNOWN



## Le Gout

### DALGONA COFFEE

Dalgona Coffee or Whipped Coffee is a frothy 3 ingredient 5-minute iced coffee made using instant coffee powder. The coffee is whipped along with sugar and water until light and frothy and then mixed with chilled milk. Here is how to make it.

#### Ingredients:

Coffee - Instant coffee powder ( 3 tbsp)

Sugar - Granulated ( 3 tbsp)

Milk - Regular milk ,chilled

Add instant coffee powder and sugar in a cup. Add 3 tbsp warm water. Beat the coffee and sugar vigorously until it is light and fluffy. Easy is to use an electric blender.. It should take good 5 to 8 minutes to get that fluffy texture if you are using a handheld wire whisk. Fill a glass with ice cubes and chilled milk. Top the glass with whipped coffee. Mix well and serve chilled. You can sprinkle your dalgona coffee with some Instant coffee powder, cocoa nibs, or crumbled chocolate cookies.

You can flavor the coffee by adding a few drops of vanilla or almond extract or spice it with cinnamon or nutmeg powder.

You can make the frothy coffee mixture and store it in the fridge in an airtight container for about 2 to 3 days. Whenever you want to serve it, add ice cubes, pour milk, and top with the coffee mixture. Mix well, before enjoying.

Joseph John  
Grade 1



DALGONA COFFEE



# TR - Inside

"Passion led us here." — UNKNOWN

## BURGER SANDWICH

Burger sandwich is like a burger and a sandwich emerged together. Sandwiches are normally a very light dinner, but I put my own touch by making it more heavy. If you want you can have this for lunch too because it is a pretty heavy dinner.

Ingredients:

1. 2 slices of bread
2. Cheese slice
3. Ham/Chicken
4. Lettuce

First toast the 2 slices of bread.

Take the cheese, slice and lay it on top of the toasted bread.

Put this in the microwave till the cheese starts to melt .

Cut a leaf of lettuce or more and put it on top of the slice of bread.

Put the ham in the microwave. When most of the juice of the ham is out put it on top of the lettuce.

Now put the second slice of bread.

Your delicious burger sandwich is ready!



Pratheeksha Aravind  
Grade 3

Message from  
the  
PYP Newsletter Team

Dear readers,

Greetings! We are always on the look out for good content. If you would like to be featured in our upcoming newsletter, do send us your valuable contributions to :  
[pypnewsletter@trins.org](mailto:pypnewsletter@trins.org)

Warm regards,  
The Newsletter Team

Design & Layout - Ms Sajin Khan  
PYP Events & Happenings - Ms Mareena C Kurien  
Editing - Ms Ajitha Radhakrishnan

