

FOOD MENU 2017 - 18

DAY & DATE	Monday 19.02.2018	Tuesday 20.02.2018	Wednesday 21.02.2018	Thursday 22.02.2018	Friday 23.02.2018	Saturday 24.02.2018	Sunday 25.02.2018
Breakfast	Uppuma, egg Curry, Cornflakes with cold milk, Fruits, Hot Boost, Tea.	Iddly, Tomato, chutney, Sambar, Porridge, Fruits, hot Boost, Bread Jam, butter, scrambled Egg, Tea.	Homestyle Dosa, Chutney, Sambar, Toast, Cornflakes with , Butter, Jam, Fruits, Hot Bournvita, Tea.	Appam, Vegetable Mappas, Porridge, toast, Butter, jam, Fruits, Hot Boost, Tea.	Iddly, Chutney, Sambar, Cornflakes with Cold milk, butter, jam, Porridge, Fruits, Hot Boost, Tea.	Poori, Bhaji, Toast, Butter, Jam, Porridge, Fresh Fruits, Hot Horlicks, Tea.	Masala Dosa, Chutney Sambar, Chocos with Cold milk, Hot boost, Fresh Fruits, butter, jam, Fried Egg, Coffee.
Morning Snack	Napolithan Sandwich, Fresh juice, Tea.	Channa Sundel, Hot Boost, Tea.	Coleslaw Sandwich, Fresh Juice, Tea.	Channa Bun, Hot Horlicks, Tea.	Vegetable Sandwich, Fresh Juice, Tea.	Cookies, Fresh Juice, Tea.	Cake, Fresh Juice, Tea.
LUNCH	Salad, Chappathi, Plain rice, Vegetable khorma, Dal Makhani, Curd, Coconut Pudding.	Salad , Leeks & shallots Pulao, Plain rice, Chicken Monaco, Ratatouille Nicoise, Curd, Cut Fruits.	Salad, Chamba Rice, Plain rice, Mixed vegetable foogath, Morucurry, Broken wheat Payasam.	SALAD BAR, Plain rice, rajmah Chat, Brinjal drum Stick curry, Fruit chat.	Salad, Vegetable Pulao, Plain rice, Kerala chicken Curry, Aloo channa Dry, Curd, Pineapple custard.	Soya Biryani, Raitha, Pickle, Pappad, Cut Fruits (Pineapple).	Salad, Chamba rice, Plain rice, Fish curry, Morucurry, Thoran, Vermicelli kheer.
Evening Snack	Chicken Pizza, Fresh Juice, Tea.	Fresh Fruits, Fresh Juice , Tea.	Vegetable Roll, Fresh juice, Tea.	Fresh Fruits, Fresh juice, Tea.	Banana cake, Fresh Juice, Tea.	Bakery Special , Coffee.	Fry items, Coffee.
Dinner	Salad, Ghee rice, Plain rice, Kadai Chicken , Gobi Kaju Capsicum, Dal Fry, dessert.	Salad, Chappathi, Plain rice, Egg Burji, Bagara Baigan, Green Gram Dal, Dessert.	Salad, Chappathi, Plain rice, Beef curry, Kadala Curry, Aloo Jeera, Dal Fry, Dessert.	Salad, Chamba Rice, Plain rice, fish curry, Mezhukkuperatty, Dal Lasooni, dessert.	Salad, Chappathi, Plain rice, Egg Masala, navaratna Khorma, Kali Dal, Dessert.	Salad, Chappathi, Plain rice, Chicken Pepper bhindi Masala, Dal fry, Dessert.	Salad, Chappathi, Plain rice, Chicken Khorma, Soya masala, Dal Fry, Dessert.
Snack	Strawberry Shake fruits, Lime Juice, hot milk, Coffee.	Pista shake, Fruits, Lime juice, Hot Milk, Coffee.	Mango shake, Fruits, Lime juice, Hot Milk, Coffee.	Badam shake, Fruits, Lime juice, Hot Milk, Coffee.	Cold Coffee Fruits, Lime juice, Hot Milk, Coffee.	Mango Shake, Fruits, Lime juice, Hot Milk, Coffee.	Strawberry shake , Fruits, Lime Juice, Hot Milk, Coffee.